



NEPHRA

Happy Easter Everybody

30th March 2010



Healthy Eating Bren's Homemade Celery & Sesame Soup Served with Crusty Bread
made with the last of **Dena's** Organic Celery 80p

Bren's Home-cooked Pot Roast Beef Dinner, Served with Yorkshire Pudding, Mashed &
Roasted Potatoes, Swede & Carrots and **Dena's** Organic Green Beans,
All Topped off with Tasty Homemade Gravy 2.30

Or

Healthy Eating Lillian's Baked White Pangasius Fish (very much the new fish on the block),
Served with Delicious Homemade Parsley Sauce, Mashed Potatoes & Garden Peas 2.30

Or

Dave's Mouth-watering Homemade Lamb Curry - Indian Style, Tender Pieces of Lamb,
Tomatoes, Red Peppers & Onions in a Mild Curry Sauce, Served with Boiled Rice 2.30

Or

Healthy Eating Dave's Vegetable Curry - Made with Sweet Potato, Butternut Squash,
Red Peppers, Tomatoes, Onions etc Served with Boiled Rice 2.30

Healthy Eating Bren's Homemade Sugar Free Lemon Mousse, Made with Free Range Eggs,
Fresh Lemons, Reduced Fat Double Cream & Granulated Sweetener 80p

Or

Lillian's Homemade Treacle Sponge Pudding Served with No added sugar Custard 80p

Tea, Coffee and Fruit Juice 40p.

**All our Dishes are Healthily Cooked - By Oven Baking, Grilling,
Boiling, Steaming or Poaching.**



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