



NEPHRA Luncheon Club 22nd June 2020



Healthy Eating Bren's Homemade Mixed Vegetable Soup Served with Crusty Bread 80p

Bren's Home-cooked Pot Roast Beef Dinner, Served with Yorkshire Pudding, Mashed & Roast Potatoes, Dena's Organic Cabbage & Topped with Delicious Homemade Gravy £2.30

Or

Healthy Eating Bren's Home-cooked Pot Roast Beef Salad, Served with Homemade Potatoe Salad, a Selection of Dena's Salad Leaves, Cucumber, Radish, Sliced Tomatoes & Hardboiled Egg 2.30

Healthy Eating Bren's Homemade Tuna & Pasta Bake Served with Homemade Potatoe Salad, a Selection of Dena's Salad Leaves, Cucumber, Radish, Sliced Tomatoes & Hardboiled Egg 2.30

Or

Bren's Homemade with Dena's Organic Rhubarb - Rhubarb & Ginger Crumble Served with No added Sugar Custard 80p.

Healthy Eating Bren's Home-cooked No Added Sugar Poached Pears, Served with Low Fat Double Cream 80p

Tea, Coffee and Fruit Juice 40p.

All our Dishes are Healthily Cooked - By Oven Baking, Grilling, Boiling, Steaming or Poaching.

Our Healthy Eating Dishes are also Low in Fat, Sugar & Salt.

[Please Note Our Dishes may contain traces of Nut]



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