

# MOSTON HEALTH FORUM

## Minutes of AGM

9 March 2009

### Present

Brenda Fawcett	NEPHRA (Chair) (Bren)
Councillor Henry Cooper	Moston Councillor
Tracey Bentley	Parkfield Dance Centre
Dena Murphy	NEPHRA
Charles LeClere	Local Resident
Jan Gorton	Local Resident
Rev. Charles Gorton	Local Resident (Vicar of St. Chad's New Moston & St. John, Moston)
Brian Manning	Moston Meadows Resident
Edith Manning	Moston Meadows Resident
Jerry Benjamin	Moston Resident
Marjorie Williams	Local Resident
Adrian Atkins	Broadway Leisure Centre
Margaret Wheelden	New Moston & District Community Association Rep (Local resident) – New Member
Jo Seymour	Private Sector Housing
Tara Davies	Public Health Development Service (PCT)
Shirley McCardell	Zest

### Apologies :

Ann Watson	Manchester Adult Education
Andre Chittim	MAES
Penny Sankey	PCT
Martin Roberts	Sports Development

**At the start of the meeting, Bren held a minutes silence in honour of Councillor Bill Risby, who did suddenly. Bren said that Cllr Risby would be sorely missed by his constituents and he was a very active member and supporter of the Moston Health Forum.**

1. Bren welcomed everyone to the Moston Health Forum. Because we had new member, everyone introduced themselves. Bren welcomed Margaret to the Health Forum.
2. As with last year, there were not many officers present. Shirley explained that as officers do not have voting rights, they often do not attend AGM meetings.

### 3. Election of Officers

**Chair** – Shirley took the Chair while this item was dealt with.

One nomination : Brenda Fawcett – seconded by Charles LeClere – **Carried**

Bren resumed the position of Chair

**Vice Chair** – one nomination : Charles LeClere – seconded by Bren Fawcett

**Secretary** – One nomination : Dena Murphy – seconded by Brian Manning – **Carried**

**Treasurer** – One nomination : Tracey Bentley – seconded by Jan Gorton – **Carried** – **Tracey will produce a Treasurers Report, which will be circulated for the next meeting.**

4. Action Plan – 2008/09

The Action Plan which finishes at the end of March 09 was tabled, with all updates in red text. The majority of the actions which we had set ourselves had been delivered. Those which we have not yet managed will be carried forward to next year as priorities. Considering Moston Health Forum is a relatively new Health Forum, which only had it's inaugural AGM last March, we have achieved and been involved in a great deal of very successful health issues and activities. Everyone was congratulated on this success.

5. **Action Plan and Priorities for 2009/2010**

After discussion it was agreed that the following would be a priority for Moston Health Forum, as well as the ongoing work contained in the Action Plan.

a) Raising Profile of Moston Health Forum

- By holding an information/health day at New Moston Library (it was agreed that this could be done in conjunction with the NEPHRA recruiting for volunteers sessions)

**Suggested Dates** : Saturday 18 April – 11.30-4.00pm (this date now clashes with a St. George's Day event at Simpson Memorial which will include activities for children).

Friday 24 April 1.00-3.00pm

Bren asked for volunteers to give an hour to help with publicising the Health Forum – Charles LeClere, Edith Manning, and Marjorie, all offered to assist.

- b) Produce a six monthly Moston Health Forum newsletter. Bren offered to type this up, and Shirley had transferred funds to the Health Forum, to pay for production of the newsletter.

It was hoped to get the first newsletter out by the end of April 2009.

**The deadline for Articles to Bren is 22 April 2009.**

List of suggested articles :

- Adrian – information on activities at Broadway Leisure Centre
- Tracey – article on how Dance is good for your Health
- Edith – Looking forward to new GP surgery and encouraging involvement in the Health Forum
- Charles Gorton – religious trivia, happenings at St. Chad/St. John's.
- Jan Gorton – how doing activities and joining the health forum has helped.
- Dena – gardening/growing tips
- Tara – breast screening – raising profile of campaigns
- Charles LeClere – Moston Brook Path
- Margaret will speak to Colin
- Jo – Private Sector Housing – Safety in Housing, Trips, Falls advice etc.

The newsletter will be put in doctor's surgeries, chemists, delivered by resident associations and also be available online. All members of the Health Forum will be involved in delivering/displaying.

- c) Organise a Health Event at Moston Fields Primary School, at what would normally have been the Health Weeks ie end of June beginning of July. Paul Edwards is a Governor at Moston Fields and Edith will speak to him. We need to know what time and day would be better for the school. We will look to do an integrated event, but have separate quiet areas for women and men, so that they can speak in confidence to support staff if they wish.

With these additions, the Action Plan was adopted for 2009/21010.

**This concluded the business of the AGM, and Health Forum members continued with a full Agenda.**

## 6. **Women's Day**

Moston Health Forum Women's Day is due to take place on Wednesday March 18 at New Moston Primary School – 2.30-4.30pm. Lots of activities are on offer for mums, grans and include activities for 1-11 year olds. Leaflets were tabled for Health Forum members to take and disseminate amongst family and friends.

## 7. **Updates**

(a) Men's Health and Fun Day - this event was extremely successful with over 55 men joining in the activities. Dena particularly thanked Adrian for the help and support of everyone at the Broadway Leisure Centre. Everyone involved in delivering the event commented on the good will and good humour of the staff, who really threw themselves into the spirit of the event – even though we must have made it very difficult for them, being so many of us confined in the reception area and changing rooms. **Adrian was asked to pass on our thanks to the staff and pass on the positive comments.** Adrian advised that he had received excellent feedback from people who attend the centre and who had received information, advice and joined in the day. He also said there were a lot of new faces through the door and within the 7 days following the event, there were 5-10 new people who signed up for membership at Broadway. We felt that this was a very satisfactory outcome to a very successful day.

(b) Zest - Shirley explained that everything was proceeding for the Citywide Healthy Living Project to go out to tender. However the staff did have concerns as to whether what we offered now, would change. Also staff Hub Cos may not be able to deliver such a hands-on role given that the new job descriptions did include a great deal of supervisory and supporting health trainers and volunteers, and had a much more strategic focus. Assurances had been that further funding would be sought, but the amount of money each ward would receive is nowhere near as much as we have had under the Lottery arrangement. It was difficult to tell how this would pan out at the moment, and we could only wait and see how everything would turn out in reality and whether PCT would be the future employer.

After a great deal of discussion, Health Forum members wished a statement to be minuted, and passed to the Zest Steering Group and also to Moston Ward Co-ordination Group.

“Residents are not prepared to see what has become a very successful healthy living project having to deliver in such a way as staff (and health forum members/volunteers) have to chase statistics ie obesity targets, only working within referral schemes. The work of the project has to remain open to all. The work of the new Zest needs to be preventative, and raising the profile of healthy living. There is very little point in only working with people who are already ill and receiving some form of treatment – what has happened here is that people have been prevented from reaching this point. Hard to prove, but the community have seen the difference.”

(c) Jo – Private Sector Housing

Jo explained that she had been on a national training course which showed how Primary Care Trusts and Councils should be working together to meet the needs of the residents. In Manchester, the PCT and Council have produced a document titled “Manchester Joint Strategic Needs Assessment”. The Health Forum work and activities, meet some of those outcomes – there is a knock on effect. This document should be going out to consultation, and the Health Forum needs to link in to this consultation.

**(Shirley has emailed this document out to HF Members and will put a paper copy in the post to residents who are not on email, but attend the Health Forum regularly).**

(d) Health Weeks in Harpurhey/Moston

Shirley explained that the Health Weeks publication was not going to happen this year. There have been 4 years of Health activities with publicity in North Manchester, and this year it has been decided that the organisations who participate, should continue to do so as part of their ongoing work, but there will be no publicity booklet.

Bren told the group, that NEPHRA had already timetabled in events which would link to the Health Weeks – Healthy Coffee morning at Northfield Day Centre and the NEPHRA volunteers are researching low fat cakes with no added sugar. These will be used at the Healthy Coffee morning and the students at Northfield will be encouraged to try and make them.

Shirley also pointed out that the Health Forum had decided to hold a Health event at Moston Fields Primary School, and the end of June/early July would be a good time to hold this. This would fit in with the normal health weeks.

The Health Forum members also suggested that we could do something in partnership with the new doctor’s surgery in Simpson Memorial. This was agreed.

(e) Dena – Alcohol Awareness/Domestic Violence

Dena told the group of the Alcohol Awareness training she had attended, as a Cancer volunteer. She felt that this was something we should all learn about – we all pour drinks which are very large in relation to a measured unit. Dena felt that we need to include this information in all our events to get the message out to a wider audience.

Dena also felt that similarly, information on domestic violence help and assistance should be provided at our events. This is on the increase and it affects women and children in the main, but also does affect men who are on the receiving end of a violent partner.

**Dena agreed she would look into obtaining appropriate information which can be used at our events.**

(f) Charles – Sure Start Centre

Charles had a plan of the Sure Start Building in Broadhurst Park and wondered if this had ever been completed. It was explained that the Centre had been built and was fully operational. It is only a small Sure Start Centre, but it is a nice building and offers services to parents of young children.

(g) Issues affecting Health for Moston Ward Co-ordination Group

**Highways Issues**

- (i) The installation of a crossing on Moston Lane East has been discussed for over 4 years – 2 years ago Cllr. Risby had indicated that the crossing had been agreed, and funding to do it was being looked for. Because of the increase in traffic, the danger is getting worse – people need to cross to get to the doctors. Cllr. Cooper explained that the decision on the installation for priority crossings was based on fatalities. However Health Forum members wished this to be taken to Ward Co-ordination as a real issue from the group. People need to get across this road to access the doctors, the chemists, the church, and children cross here when going to school. The makeup of residents in New Moston has a high percentage of elderly people, who put themselves at risk crossing the road.
- (ii) The bus shelter on Moston Lane East has thankfully been erected, but there are no sides on it and the wind and rain easily blows through to passengers when they are waiting. Cllr. Cooper explained that the shelter being on this part of the pavement, needs to be able to have a buggy pushed passed in safety, which could not happen if the shelter had sides. The pavement behind this shelter belongs to the British Legion. A request was made to see if sides could be fitted to the shelter which acts like a wind tunnel.
- (iii) Some while ago, the sequence of the lights at Broadway Leisure Centre (on Broadway) was raised from the Health Forum to Moston Ward Co-ordination. It transpired that the lights causing the problem were in Oldham. Residents wished to know whether officers from Manchester are going to speak to Oldham Officers to try and get the matter resolved.

**Dates of Next Meeting : 8 June 2009**

**14 September 2009**

**7 December 2009**

**8 March 2010 (AGM)**

**All 2.00pm at the Parkfield Dance Centre – unless otherwise advertised.**