

MOSTON HEALTH FORUM

Minutes of Meeting on 8 March 2010

Incl. AGM

Present

Brenda Fawcett	NEPHRA (Chair) (Bren)
Councillor Henry Cooper	Moston Councillor and Resident (part of meeting)
Cllr. Rita Tavernor	Local Councillor and Resident
Tracey Bentley	Parkfield Dance Centre (part of meeting) (Treasurer)
Dena Murphy	NEPHRA (Secretary of Heath Forum)
Edith Manning	Moston Meadows Resident
Marjorie Williams	Local Resident
Natalie Radcliffe	Development Worker (St. Matthews)
Fiona Sheen	School Advisor (Emotional Health & Wellbeing)North Manchester Girls Acadamy)
Barbara Weatherley	Hazeldene Medical Centre
Paul Edwards	Moston Meadows Resident
Ester	Parent Support Advisor (Broadhurst Primary School
Jan Gorton	Local Resident
Brian Slater	Local Resident
Paula Turton	Social Work Student (New Moston Primary School)
Jerry Benjamin	Local Resident
Ross McGuigan	Community Activator (Manchester Leisure)
Jean Wilkinson	Moston & District Community Association
Mahendra Patel	Serco Leisure
Jeanie Kelso	Manchester Youth Service
Shirley McCardell	Zest

Apologies :

Cllr. Glyn Evans	Lead Member on Health for MCC
Valeska Matziol	Black Health Agency (LiNK)
Martin Roberts	Manchester Leisure
Cllr. Paul Murphy	Local Councillor and Resident
Paul Manwaring	Patient Council
Ann Watson	Manchester Adult Education
Penny Sankey	PC
Jenny Wynn	Manchester Youth Service
Mike Gorman	Adult & Social Care (Lead Commissioner – Advice and Prevention)
James Williams	Adult & Social Care (Mental Health Lead Commissioner)
Rev Charles Gorton	Local Resident

1. Bren welcomed everyone to the Moston Health Forum, and asked everyone to introduce themselves.
A minutes silence was held in memory of Charles LeClere who had been a stalwart supporter of Moston Health Forum. Charles was always keen to raise issues which had an adverse affect on the lives and health of residents in Moston.

2. **Matters Arising**

Health & Care Working Group

Feedback was given on the work of the Health & Care Group. A list of key issues and key standards was tabled. A letter explaining the remit of the group had been sent to the Supplier Manager of Adult Social Care, attaching the key issues and standards, and asking how these can be taken forward. This has only happened recently, and a response is awaited.

Bren explained about the equipment which Adult & Social Care could provide, particularly the monitoring equipment. This was well received by everyone. It was asked whether Adult Social Care could arrange a demonstration for GPs and carers locally, because those people present did not know about this type of equipment and its availability. It was agreed to ask at the next Health & Care Working Group.

3. **Presentation by Fiona Sheen (NHS School Health Mental Health Advisor)**

- Fiona explained that her background was that of a trained nurse who started this role in June 2009. Fiona's service is part of the Emotional Health in Schools Project and is based on a pilot which ran in South Manchester. Fiona works in Abraham Moss and the Girls Academy. She offers appointments within the schools, so that there is no need for parents/pupils to go to main hospitals. Appointments can also be offered at the Bridge in New Moston, but access in school makes it much easier. Fiona works 2/3 days a week in each school and has direct access to a Clinical Psychologist.

The citywide structure for the project is :

3 full-time Clinical Psychologists (1 per district)

5 School Health Advisors

1 Assistant Psychologist citywide

3 Consultant Clinical Psychologist (1 per district)

1 Project Co-ordinator.

The service aims to improve the identification of mental health difficulties in young people. To increase early intervention in schools, and to increase accessibility to Child and Adolescent mental health services.

Referrals can be made by parent/carer, or by self referral from the pupil. To facilitate this, Fiona offers a drop-in service, so that young people can just call for a chat if they are worried.

Since the service has been running, children have been accessing it, and Fiona also engages with parents or carers. The balance of children using the service is a good balance of boys and girls. Fiona has been welcomed into the family homes as part of her home visits. If parents/carers are on board, then more progress is made. Children are assured that what is said will remain confidential, but if an issue needs parents or someone else to be involved, then Fiona will discuss this with the child concerned before speaking to another person.

Some of the children Fiona has worked with are really depressed and things which happen in the lives of children have a real impact on them. In some instances, it may be necessary to speak to a teaching member of staff. The children can be referred to a Clinical Psychologist, which makes the system much faster and more efficient than having to attend a GP and getting a referral which could take several months. As well as being there to talk to the children, Fiona also runs relaxation and stress management sessions.

Members of the Health Forum felt this was an excellent service, which would be really positive if it could be rolled out to Primary Schools, so that some of the issues could be addressed at an earlier age.

4. Presentation from Natalie Radcliffe (Sports & Community Manager at St. Matthews High School).

Natalie explained that St. Matthews has great spaces which could be used by the community : sports hall, dance studio, art class rooms, theatre with a full pa system and lots more.

The whole aim is to get the school used evenings and weekends by the whole community. **A Charity Netball event is to be held on April 24th**, in aid of

Liver Cancer, and they had organised a community day which took place last October. However, Natalie wishes to hold another community day but in the summer months – this will have an open invite to the whole community and to local agencies.

Natalie is also working on getting their allotment on track, and the community payback team are doing all the hard digging, then it can be planted up. She is keen on pupils planting up baskets etc. which can then raise funds to be reinvested.

Manchester Leisure are offering services at St. Matthews – but there are still lots more opportunities for using the school.

As well as all this, there is media equipment for radio projects .They do want to work with local feeder primary schools to do joined up activities.

Further information can be accessed on www.clc-stm.co.uk

5. Health Issues

Dog Dirt – Dog wardens have been out in the area, but this problem is increasing. The Environmental Health Officer can arrange to monitor and prosecute people, but they need to get proof of the person with the dog which is fouling. A van can be used to take photographs of the offence taking place.

Bren will chase this up.

Wheelie Bins – Blocking Mobility Scooters/Pram Access

Jan raised the issue of bins being left blocking safe right of way for people using Mobility Scooters or people pushing prams or buggies on Hawthorn Road. People have to traverse round the bins with extreme difficulty, which puts everyone at risk.

Bren will chase this up.

New Nuthurst Road Care Home

Shirley reported that two carers who had left their previous employment had obtained work with the new Care Home on Nuthurst Road. They had reported that the training being provided was excellent in both client care, dealing with dementia. Something which they wished to be known, since they did not receive such training with their previous agency – even though they were working alone with vulnerable clients in their own homes. Now they would be in a supported environment but felt they had received excellent training.

6. Update on Zest

Things had changed a great deal since the last Health Forum meeting. The Tender process went to completion, but at the end of September, NHS Manchester pulled the process due to lack of finances. Thanks to the backing of local councillors and Cllr. Glyn Evans, the NHS have agreed to fund Zest (as well as the South Manchester Healthy Living Network which is already NHS). However what this means is unclear. Zest staff told their jobs are secure and they are to transfer from the council to NHS – but money for activities has not yet been confirmed.

The NHS is also undergoing a major reorganisation due to Government legislation, which means that the part of the service which Zest will transfer into (Manchester Community Health) is also going through a total reorganisation. It is a case of transferring Zest staff and service and then awaiting a future NHS discussion about the way forward.

7. Health Forum Newsletter

After a good discussion it was agreed to look to produce a summer newsletter. Members were asked to provide articles so that a draft could be available for the next meeting on 14 June. It was agreed that this newsletter should simply be a two-page A4 edition, because the first newsletter took some time to lay out and collate. **Agreed.**

Dates of Next Meetings :

14 June 2010

13 September 2010

6 December 2010

All 2.00pm at the Parkfield Dance Centre – unless otherwise advertised.

**MINUTES OF THE AGM
8 March 2010**

Cllr. Rita Tavernor took the Chair for this part of the meeting.

1. Treasurers Report

Tracey produced a financial report, showing the balance, payments in and payments out of the Health Forum account. Tracey explained that this report was interim because some of the paperwork attached to payments from MCC had not been received, and some invoices were still outstanding. Tracey agreed that she would pull this information together to produce full accounts for the next meeting.

It was also agreed to get the accounts audited by someone who was not a member of the Health Forum. It was agreed to approach Dave Fawcett, who also audited the NEPHRA accounts. Dave is not a member of either of the associations, so has no links to the Health Forum. **This was Agreed.**

Following the death of Charles LeClere, a third signatory is required. Jan Gorton was nominated by Bren Fawcett and seconded by Dena Murphy. **This was Agreed.**

Tracey explained that in order to change the signatory, we would have to approach Charles' wife for a copy of the death certificate. It was agreed that Shirley and Tracey would get some flowers and then broach the subject. **Agreed.**

(Since this time Dena has already spoken to Mrs. LeClere and she has indicated it is not a problem to provide a photocopy of Charles Death Certificate. We will still deliver the flowers and make a formal request).

Nominations for Chair : 1 Nomination received : Bren Fawcett Proposed by Jan Gorton and seconded by Edith Manning. Carried unanimously.

Bren resumed the Chair:

Nominations for Secretary : 1 Nomination received : Dena Murphy Proposed by Bren Fawcett and seconded by Jan Gorton. Carried unanimously.

Nominations for Treasurer : 1 Nomination : Tracey Bentley proposed by Dena, seconded by Bren. Carried unanimously.

Confirmed by the meeting that when appropriate Jan Gorton would be the third signature on the Health Forum cheques.