



NEPHRA Luncheon Club 4th May 2020



Healthy Eating Bren's Homemade Cauliflower & Broccoli Soup Served with Crusty Bread 80p

Bren's Homemade Chicken Casserole-Jamie Oliver's, Delicious Comfort Food
Served over Mashed Potatoes, and with **Dena's** Organic Green Beans 2.30

Or

Healthy Eating Bren's Shredded Chicken Salad Served with Minted New potatoes, Stuffing, a
selection of Salad Leaves, Cherry Tomatoes, Sliced Cucumber & Red Onion 2.30

Or

Bren's Cumberland Sausages Served with Mashed Potatoes **Dena's** Organic Green Beans and
A Topping of Delicious Homemade Red Onion Gravy 2.30

Good Old fashioned Lemon Cake and No added Sugar Custard 80p

Or

Healthy Eating Lilian's Rice Pudding Served with pureed apples or Jam 80p

Tea, Coffee and Fruit Juice 40p.

**All our Dishes are Healthily Cooked - By Oven Baking, Grilling,
Boiling, Steaming or Poaching.**

Our Healthy Eating Dishes are also Low in Fat, Sugar & Salt.

[Please Note Our Dishes may contain traces of Nut]



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