



NEPHRA Luncheon Club 20th July 2020



Healthy Eating Lillian's Homemade Minted Cucumber Soup, Served Hot & Surprisingly Tasty.
This Soup is Made with Cucumbers & Mint Grown by Dena, Served with Crusty Bread 80p

Healthy Eating Lillian's Delicious Oven-baked Salmon Steaks, Served with Creamy Mashed Potatoes, & Green Beans Grown by Dena 2.30

Or

Dave's Home-cooked Porc avec Fromage - Succulent Pork Steaks with a Tangy Cheese Topping, Served with Buttered New Potatoes, Green Beans Grown by Dena & Grilled Tomato 2.30

Healthy Eating Lillian's Fresh Fruit Salad Served with Crème Fraîche 80p

Or

Delicious Lemon Drizzle Cake, Topped with No Added Sugar 80p.

Tea, Coffee and Fruit Juice 40p.

All our Dishes are Healthily Cooked - By Oven Baking, Grilling, Boiling, Steaming or Poaching.

Our Healthy Eating Dishes are also Low in Fat, Sugar & Salt.



[Please Note Our Dishes May Contain Traces of Nut]

