

NEPHRA Luncheon Club

3rd March February 09



Healthy Eating Bren's Homemade Vegetable Soup

Served with Crusty Bread 80p

Bren's Home-cooked Roast Beef Dinner Served with Yorkshire Pudding,
Roast & Mashed Potatoes, Glazed Carrots & Topped with

Delicious Homemade Gravy £2.30

Or

Lillian's Homemade Cheese & Onion Pie Served with Salad Leaves, Tomato
And Homemade Coleslaw £1.80

Or

PCSO Mo's Lamb & Potato Curry Served with Basmati Rice £2.30

Healthy Eating Bren's No Added Sugar Oven Baked Berries & Plums, Topped with
Reduced Fat Crème Fraiche or No added Sugar Custard - 80p

Lillian's Homemade Bread & Butter Pudding Served with Reduced Fat
Double Cream - 80p

Tea, Coffee and Fruit Juice 40p.

Please Note Our Dishes may contain traces of Nut

Healthy Eating - Low Fat & No added Sugar

